



## **Mission**

***“The Precinct2getherSenior Citizen Program Mission is to encourage social and physical activeness among senior citizens to better enable them to remain a contributing and viable force in their communities.”***

## **Precinct2gether Senior Citizens Program**

A 501(c)3  
non-profit  
organization.

Managed under  
the direction of

Sylvia R. Garcia,  
Commissioner  
Harris County  
Precinct 2

and the

Board of Directors

# **RESOURCE GUIDE**

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Abuse</b>	
Aid to Victims of Domestic Abuse & Violence	713-224-9911
Adult Protective Services	713-767-2700/1-800-252-5400
Bay Area Women's Center	281-424-3300
Bridge Women's Center	713-473-2801
Crisis Hotline	713-HOTLINE/ 713-468-5463
Spanish Crisis Hotline	713-526-8088
Bay Area Crisis Hotline	281-422-2292
Children's Protective Services	713-394-4000
Nursing Home Abuse	1-800-458-9858
<b>Advocacy Groups</b>	
Advocacy, Inc. (for the disabled)	713-974-7691/ 1-800-880-0821
Association of Retarded Citizens (ARC of Tx)	1-800-252-9729
Elder Law & Public Health (DADS)	1-800-458-9858
Gulf Coast Community Services Association	713-393-4700
LTC Ombudsman Program	713-500-3787
LULAC Latin American Citizens	713-695-5980
LULAC Education Center	713-236-0620
NAACP	713-526-3389
<b>Alcohol &amp; Drug Abuse</b>	
Alcoholic Anonymous (24-hour hotline)	713-686-6300
Bay Area Council on Alcohol & Drugs	281-280-0800
Narcotics Anonymous (24 hour hotline)	713-661-4200
<b>Alzheimer's/ Dementia</b>	
Alzheimer's Association	713-226-6400/ 1-800-272-3900
Harris County Area Agency on Aging	713-794-9001/ 1-800-213-8471
Sheltering Arms Eldercare Services	1-800-433-3852
<b>Arthritis</b>	
Arthritis Foundation	713-529-0800/ 1-800-364-8000
<b>Cancer</b>	
American Cancer Society	713-266-2877/ 1-800-227-2345
Cancer Counseling, Inc.	713-520-9873
Cancer Information Services	1-800-422-6237
<b>Caregiving</b>	
Elder Care Locator	1-800-677-1116
Harris County Area Agency on Aging	713-794-9001/ 1-800-213-8471
National Council on Aging	1-800-424-9046

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Consumer Complaints</b>	
State Attorney General Consumer Protection	713-223-5886/ 1-800-621-0508
Harris County District Attorney's Office (Consumer Fraud)	713-755-5836
Better Business Bureau	713-868-9500
<b>Disaster Services</b>	
American Red Cross Disaster Service	713-526-8300/713-526-0636
City of Houston Emergency Management	713-884-4500/ 713-884-4518 TTY
FEMA Federal Emergency Management Administration	1-800-462-9029
Harris County Emergency Management Office	713-881-3100
Harris County Social Services	713-696-7900
Salvation Army	713-752-0677
United Way Helpline	713-957-4357
Texas Department of Insurance	1-800-252-3439
<b>Emergency Services</b>	
CenterPoint Energy (to report gas leaks)	713-659-2111
City of Houston Customer Response Center	311
Fire, Police, & Ambulance (EMS)	911
Poison Hotline	1-800-222-1222
Reliant Energy (to report power outage)	713-207-7777/ 1-800-332-7143
<b>Employment</b>	
Equal Employment Opportunity Commission	713-209-3320
Forty Plus Career Training	713-952-9021
Goodwill Industries- job training and placement	713-692-6221
Gulf Coast Community Services Association	713-393-4700
Houston Works USA- ( youth & adult training and placement)	713-654-1919
Indochinese Culture Center: tutoring and job placement	713-552-7799
Ripley House Youth Opportunity Centers	713-547-8200
Jobs for Progress of the Texas Gulf Coast Careers	713-675-4981
Texas Employment Commission	713-956-4170
Texas Workforce Commission	713-374-3200
The Worksource-Gulf Coast Careers	281-807-9462
<b>Eye Care</b>	
American Council of the Blind	713-520-9237
American Foundation for the Blind	713-527-9561
EyeCare American Helpline	1-800-222-3937
Lions Eye Bank of Texas	713-798-5500
Texas Commission for the Blind	713-802-3100

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Financial Assistance</b>	
Christian Rescue Mission	713-659-7750
Reliant Energy -CARE Program	713-665-3600
Reliant Energy-Customer Service	713-207-7777
AT&T	1-800-464-7928
Salvation Army Social Services	713-692-0522/ 713-752-0686
TXU Communications Customer Service	1-866-989-2255
Utility Assistance- Harris County Social Services	713-696-7900/ 713-695-2395 TTY
W.A.T.E.R FUND-City of Houston Water	713-371-1400
Rent or Mortgage Payment	713-522-0667
Sheltering Arms: Baytown & Bay Area	281-838-0880/281-282-6079
United Way Helpline (24 hours)	713-957-4357
<b>Food Pantries/Emergency Food</b>	
Cedar Bayou Baptist Church-Baytown	281-422-2172
Christian Rescue Mission (all zip codes)	713-659-7750
City Wide Food Club Program	713-523-1640
First Baptist Church-Highlands	281-426-4551
Food Stamps	877-556-2200
Gulf Coast Community Services Assoc. (all zip codes)	713-393-4700 (ext. 822)
Interfaith Caring Ministries	281-332-3881/713-533-4929
Lone Star Card Help Desk	1-800-777-7328
Meals on Wheels/ Harris County Agency on Aging	713-794-9001
Mission Training Center (all zip codes)	713-681-3521
Mt. Zion Missionary Baptist Church (Barrett Station)	281-328-4330
North Channel Assistance Ministries	713-453-8028
Southeast Assistance Ministries	713-944-0093
St. Bernadette Christian Action	281-486-0337 (ext. 116)
St. Martin DePorres Catholic Church (Barrett Station)	281-328-4330
<b>Funeral Assistance</b>	
Funeral Consumers Alliance of Houston	713-526-4267
Harris County Social Services Bereavement	713-696-7900
Samaritan Ministries (support groups/counseling)	281-589-8936
<b>Geriatric Care Managers (Home Care)</b>	
Home Instead Senior Care (Northeast & Southeast)	281-440-5160 / 281-484-0200
Sheltering Arms Eldercare Services (nationwide)	281-282-6079

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Granparents Raising Grandchildren</b>	
AARP (pamphlet of information)	1-800-424-3410
Children's Health Insurance Program (CHIP)	1-800-647-6558
Children's Medicaid (Harris County)	713-266-5535
Family Outreach Centers of America	713-394-4147
Department of Human Services (Food Stamps)	713-696-3236
Houston Volunteer Lawyers Program (English & Spanish)	713-228-0735/713-228-3534 TTY
Interfaith Ministries	713-533-4929
Social Security Benefits	1-800-772-1213
Texas Department of Human Services	713-692-1635
<b>Hospice</b>	
Hospice Link	1-800-331-1620
Hospice Preferred Choice and Care Facility(counseling)	713-864-2626
Medicare Helpline	1-800-633-4227/ 1-877-486-2048 TTY
National Hospice Care Helpline (www.nhpco.org)	1-800-658-8898
Odyssey HealthCare	713-592-5600
Texas Hospice Organization	1-800-580-9270
<b>Housing For Seniors</b>	
Baytown Housing Authority	281-427-6686
Happy Harbor Apartments (LaPorte)	281-471-6055
Harris County Housing Authority (Family)	713-578-2100
Housing Authority of the City of Houston (Public)	713-260-0600
Houston Housing Assistance	713-260-0800
HUD Housing Counseling Information & Referral Services	1-800-569-4287
Pasadena Interfaith Manor	713-475-2880
Pasadena Public Housing	713-475-5544
Pine Tree Assisted Living	281-487-3113
Pines of Woodforest	713-453-6947
Terrace at Clear Lake	713-316-9055
Housing for disabled adults	1-800-466-7722
Housing for disadvantaged (apartments)	713-526-6634 (ext. 21)
<b>Identity Theft &amp; Fraud</b>	
Attorney General "Senior Alert" Bulletin	1-800-252-8011
Consumer Protection	713-755-5836
FTC Identity Theft HOTLINE (Mon-Fri: 8 am- 9pm)	1-877-438-4338
Medicare Fraud (Better Business Bureau)	713-341-6184/ 1-800-275-3626
Product Safety Hotline	1-800-638-2772
Public Utility Commission of Texas	1-888-782-8477
Social Security Administration Fraud Hotline	1-800-269-0271

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Hearing Impaired</b>	
Relay Texas (Communication for the hearing impaired)	711
Communication for Deaf-STRAP Assistance Program	713-981-1543 TTY
Dial-A-Hearing Screening Test	713-779-4327
Harris County Hospital District Appointment Desk	713-526-4243
Hear Now/Hear Say	1-800-648-4327/713-665-8987
Medicaid Hearing Exams & Hearing Aids (Tx Dept. of Health)	1-800-252-8263
Texas Rehabilitation Commission	1-800-628-5115
University of Houston Speech & Hearing Clinic	713-743-2898
<b>Health Care</b>	
National Kidney Foundation	1-800-622-9010
Texas Department of Health Complaint Line (Dialysis)	1-888-973-0022
Used Hearing Aid Donations	713-665-8987/ 1-800-648-4327
American Heart Association	1-800-242-8721
Texas Heart Institute Information Center	1-800-292-2221
American Diabetes Association	
<b>HIV/AIDS</b>	
Aids Foundation Houston, Inc.	713-623-6796
Center for Aids	713-527-8219
National Aids 24 HOUR HOTLINE: English/Spanish	1-800-CDC-INFO/888-232-6348 TTY
<b>Home Repairs &amp; Remodeling</b>	
Community Development of Baytown	281-420-5396
Community Development of Pasadena	713-475-7243
Harris County Community Services	713-578-2000
Rebuilding Together Houston	713-659-2511
Houston Emergency Repair Program	713-868-8400
Interfaith Senior Services	281-367-1230
League of Women Voters For Zip Code Information	713-784-2923
Gulf Coast Home Safety & Security (non-profit)	713-393-4700
<b>Shelters</b>	
Bay Area Turning Point (battered or sexually assaulted)	281-286-2525
Bay Area Women's Center (battered/sexually assaulted)	281-422-2292
Bridge Over Troubled Waters (women & children)	713-473-2801
Coalition for Homeless of Houston/ Harris County	712-739-7514
Harris County Social Services	713-696-7900
HHH/SEARCH Clinic	713-739-7752 (ext. 179)
Homeless Assistance With Employment	713-529-4190
Lord of the Streets Episcopal Mission Care & Counseling	713-526-0311
Open Door Mission (men only)	713-921-7520
Salvation Army (men only)	713-224-2875/713-650-6530
SEARCH (Care & Counseling)	713-739-7752
Star of Hope (men only/family)	713-226-5400/ 713-222-2220
Star of Hope Transitional (women & children)	713-748-7242
Turning Point Center (men & women only)	713-957-0099

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Government Information</b>	
Harris County Information line	713-755-5000
Houston Police Department Crime Prevention Programs	713-308-3200
Immigration Information	1-800-375-5283/ TTY 1-800-767-1833
Medicaid Information	713-692-1635/ 1-800-252-8263
Taxpayer Assistance- IRS (Mon-Fri. 7:15am- 6 pm CST)	1-800-829-1040
<b>Legal Issues</b>	
Civil Rights and Economic Development	713-526-3389
Consejos Legales (1st Thursday of each month 6-8pm)	713-759-1133
Harris County Dispute Resolution Center	713-755-8274
Harris County Information Line (main switch board)	713-755-5000
Houston Bar Association (1st & 3rd Wed. 5-9pm)	713-759-1133
Houston Jr. Forum Senior Guidance (advice only by appointment)	713-529-9991
Houston Volunteer Lawyers (bilingual: 8:30-5:30pm)	713-228-0735/713-228-3534 TTY
Immigration Services Advocacy, Inc (for disabled)	713-974-7691/1-800-880-0821
Legal Advice (Free) Family Law HOTLINE	1-800-777-3247
Worker's Compensation Commission	281-260-3035
<b>Immigration Services</b>	
Alliance for Multicultural Community Services	713-776-4700
Customer Service Center	1-800-375-5283
Family Service Center	713-861-4849
Immigration & Naturalization-Houston	281-774-4721
Immigration Counseling Center, Inc	713-953-0047
<b>Lunch Programs</b>	
<b>East</b>	
Baytown Senior Center 77520	281-427-2145/ 281-420-5735
Chambers Community Center - Barrett Station	281-328-4713
Grayson Community Center- Cloverleaf	713-455-3660
Heritage Hall	713-675-4487
LaPorte Senior Services	281-470-9897
Ramsey Community Center-Channelview	281-457-1810
Tri-Community Senior Community Center	713-671-9317
Walker Community Center- McNair	281-426-3551
<b>Southeast</b>	
Bay Area Seniors	281-326-2955
Deer Park-Maxwell Adult Center	713-672-6395
Denver Harbor Senior Program	713-944-6600
Salvation Army-Pasadena	281-478-7276
South Houston Community Center	713-378-0020

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Precinct Two Health &amp; Gold Card Centers</b>	
Settegast Community Health Center	713-633-2020
South Loop Gold Card Eligibility Registration Center	713-566-6691
Strawberry Community Health Center	713-982-5900
Texas Department of Human Services (TANF)	713-767-2000
Texas Medical Association	1-800-880-1300
United Way Gatekeeper Program (Senior Watchcare)	713-957-4357/211
Voter Information/Registration	713-755-6965/ 713-368-2200
<b>Medicare Information &amp; Resources</b>	
Area Agency on Aging-Benefits Counseling	713-794-9001/1-800-213-8471
Medicare Customer Service	1-800-442-2620/ 1-800-516-6684 TTY
Medicare Fraud Hotline	713-341-6184/ 1-800- 275-3626
Medicare Information	1-800-633-4227/ 1-877-486-2048
Texas Medical Foundation (quality of care complaints)	1800-725-8315/ 1-512-329-6610
<b>Medicines</b>	
FDA Center for Drug Evaluation & Research (side-effects)	1-301-827-4573
Free Medication Assistance Programs	1-800-762-4636
Gulf Coast Community Services Assoc. (vouchers)	713-393-4700
Mental Health Mental Retardation Association	713-970-7000
Precinct Two Veterans' Health Benefits	281-422-7911/ 281-837-8237
The Medicine Program (free medications)	1-573-996-7300
We Care Medicine Program - \$5.00 @ prescription	1-800-771-3325
<b>Mental Health and Cognitive Disabilities</b>	
ARC of Greater Houston (cognitive disabilities)	713-957-1600
Medicare Hotline	1-800-633-4227/1-877-486-2048 TTY
Harris County Psychiatric Center	713-741-5000
Adult Outpatient Mental Health Services	713-592-9292
MHMRA Neuro Psychiatric Center/Crisis Unit	713-970-4600
Crisis Hotline/Spanish Hotline	713-HOTLINE/ 713-468-5463/ 713-526-8088
Mental Health/Mental Retardation	713-522-5161/ 1-800-424-3688
Mental Health/ Mental Retardation Authority of Harris County.	713-970-7000
United Way Helpline	713-957-4357/ 1-800-833-5948
National Alliance for the Mentally Ill-NAMI Baytown	281-424-4360
National Alliance for the Mentally Ill-NAMI Houston	713-729-1242

Harris County Precinct2gether, Inc.  
Agency Names and Numbers 2009-2010

<b>Recreation Centers</b>	
Bay Area Community Center- Clear Lake Area	281-326-2955
Baytown: Senior Recreation/Senior Center	281-420-5735/ 281-427-2145
Cassaboom YMCA	713-643-4396
East Harris County Activity Center	281-479-4232
Highland Community Center	281-426-7561
J.D. Walker Community Center	281-426-3551
Jacinto City-Heritage Hall	713-675-4487
LaPorte Senior Services	281-470-9897
Leon Grayson Community Center-Cloverleaf	713-455-3660
Maxwell Adult Center-Deer Park	281-478-7276
North East Community Center/ James Driver Center	281-442-7950
Pasadena: Madison Jobe Senior Center	713-477-0175
Salvation Army East Community Center	713-378-0020
San Jacinto Center- Highlands	281-843-3045
Seabrook Senior Citizen Center	281-474-3885
South Houston Community Center	713-947-7700
Tri-Community Senior Community Center	713-671-9317
V.V. Ramsey/ Martin Flukinger Centers- Channelview	281-864-9028/281-457-1810
<b>Social Security Information</b>	1-800-772-1213
Social Security Fraud	1-800-269-0271
Supplemental Security Income	1-800-772-1213
Cost of Living Allowance (COLA)	713-692-1635
<b>Vital Statistics (Copies of Documents)</b>	
Texas Department of Health	1-512-458-7111
Harris County Clerk's Office	713-755-6405
<b>Transportation</b>	
Precinct2gether Voucher Transportation Program	281-326-6013
METRO: Senior (62 & up) & Disabled Cards \$2.00; free pass for 70+	713-652-8990
METRO: Medicare Cardholders (valid 5 years) & Annual Pass	713-739-6968
METROLIFT-(subsidized taxi and disabled services)	713-225-0119
METROLIFT RESERVATIONS	713-225-6716/ 713-652-8969 TTY
METROLIFT Medicaid Metrolift Tickets	713-767-3100