



North East Community Center

10918 1/2 Bentley Houston, TX 77093
(281) 442-7950



2010 Calendar of Events

January

- 11 Healthy Living Class (Thyroid Awareness)
- 22 AARP Defensive Driving
- 27 Birthday Lunch with Entertainment

February

- 3 Black History Speaker
- 11 Valentine Lunch
- 15 Healthy Living Class (Nutrition)
- 17 Mardi Gras Party
- 24 Birthday Lunch

March

- 10 Famous Women in History
- 15 Healthy Living Class (Nutrition)
- 17 Welcome Spring Party
- 31 Birthday Lunch with Entertainment

April

- 1 Country & Western Dance
- 12 Healthy Living Class (Foot Health Issues)
- 13 Volunteer Appreciation Brunch
- 21 Inner City Domino Tournament @ NECC
- 28 Birthday Lunch with Entertainment

May

- 11 Nursing Home Party @ NECC
- 13 Will-A-Thon
- 26 Birthday Lunch with Entertainment
- 28 Mother's and Father's Day Party

June

- 21 Healthy Living (Men's Health)
- 30 Birthday Lunch with Entertainment

July

- 1 Patriotic Picnic
- 28 Birthday Lunch with Entertainment

August

- 9 Healthy Living (Cataract Information)
- 13 Ice Cream Social
- 25 Birthday Lunch with Entertainment

September

- 3 Grandparent's Brunch
- 8 Fiestas Patrias Luncheon
- 13 Healthy Living (Prostate Cancer Information)
- 23 Tejano Dance
- 29 Birthday Lunch with Entertainment

October

- 5 National Night Out
- 15 Flu, Pneumonia, Shingles Immunizations And Health Expo
- 27 Birthday Lunch with Entertainment

November

- 3 Veterans Luncheon
- 5 Tamalada
- 15 Healthy Living (Diabetes Information)
- 17 Thanksgiving Luncheon
- 24 Birthday Lunch with Entertainment
- 30 Holiday Decorating Party

December

- 15 Holiday Party
- 29 Birthday Luncheon

Ongoing Programs

Mondays

- 8:00 a.m. "42"
- 9:00 a.m. Exercise and Walking
- 9:30 a.m. Ceramics
- 10:00 a.m. "Train"
- 2:00 p.m. Exercise
- 6:00 p.m. Latin Aerobics

Tuesdays

- 8:00 a.m. "42"
- 9:30 a.m. Line Dancing
- 1:00 p.m. Art Class
- 1:00 p.m. Computer Class
- 6:00 p.m. Latin Aerobics

Wednesdays

- 8:00 a.m. "42"
- 9:00 a.m. Exercise and Walking
- 10:00 a.m. Train
- 10:00 a.m. Ping Pong
- 10:30 a.m. TOPS
- 12:00 p.m. Weekly Lunch
- 2:00 p.m. Exercise
- 6:00 p.m. Quilting



Thursdays

- 8:00 a.m. "42"
- 9:30 a.m. Line Dancing
- 9:30 a.m. Ceramics
- 1:00 p.m. Art Class
- 1:00 p.m. Computer Class
- 6:00 p.m. Latin Aerobics

Fridays

- 8:00 a.m. "42"
- 9:00 a.m. Exercise and Walking
- 10:00 a.m. Train
- 2:00 p.m. Exercise